

... you want to be.

- Breathing without shortness of breath
- Able to do daily activities
- Usual amount of coughing and phlegm/mucus
- Sleeping well
- Good appetite

Take your medications as directed to help manage your COPD or other chronic pulmonary disease symptoms such as chronic bronchitis, emphysema, and asthma symptoms.

Managing an ongoing medical condition sometimes takes an extra hand.

The MVP Health Management programs offer help to members who need guidance and support to improve their chronic health conditions. These programs offer innovative solutions to help get chronic health conditions under control and on track for improvement. Working in partnership with doctors, we help members get the care they need and make the most of their benefits.

Contact MVP to learn more about the MVP Health Management programs.



Call

- Shortness of breath, even at rest
- Unable to do any activity because of breathlessness
- Frequent wheezing or whistling while breathing
- Unable to sleep because of breathing problems or shaking chills
- Feeling confused or very drowsy
- Chest pains
- Coughing up blood





Call