



Reaching Out

Feaching Out is a publication of Adirondack Employee Assistance Program to provide relevant information you can use.

EAP is an employer-sponsored benefit provided at no cost to you and your household members.

EAP offers professional, qualified resources to assist you in resolving all types of personal or family related concerns.

All contacts with the EAP are strictly confidential to the fullest degree allowed by law, so your complete privacy is assured.

Our professional support team remains available to you 24/7 by phone or video so you will not experience any disruption in support during the current health restrictions.

